



LOS ANGELES REGIONAL



Fighting Hunger. Giving Hope.

Food from the Bar 2011 Volunteer Dates

There are 3 locations to volunteer:

- 1) Los Angeles Regional Foodbank located at **1734 E 41st Street, Los Angeles, CA 90058**
- 2) **NEW** Location: LA Regional Foodbank Leased Warehouse located at **2825 E 54th Street, Vernon, CA 90058**
- 3) Just **ONE Volunteer Day on Saturday, May 14**: Westside Food Bank located at **1710 22nd Street, Santa Monica, CA 90404**. Contact **Allison Griffith** at Allison@westsidefoodbankca.org.

Each volunteer will earn **20 points** toward your overall firm contribution for each volunteer shift worked between April 16 and May 14, 2011. To schedule a group volunteer session at the LA Regional Foodbank, sign up online at <http://www.lafoodbank.org/foodfromthebar> or contact Ana Martinez at amartinez@lafoodbank.org or (323) 234-3030 x144.

Tips for arranging a volunteer group:

- Spaces are reserved on a first-come, first-served basis.
- Firms may schedule multiple projects throughout the drive.
- Friends and family are welcome, and their service will count toward the firm's overall goal. Children may participate, but for safety reasons, please observe the following age guidelines: **children must be 14 years or older. All volunteers are required to wear closed-toe shoes.**
- Please designate one person to manage the team's sign-up process and confirm, with Ana or Mike in the Foodbank volunteer department, the number of participants one week prior to the project.
- **Be sure to tell all of your volunteers to sign in and to include your firm's name.** This is the only way to ensure credit!

Directions to the LA Regional Foodbank can be found at <http://www.lafoodbank.org/directions>

Directions to the Westside Food Bank can be found at

http://www.westsidefoodbankca.org/index.php?option=com_content&task=view&id=91&Itemid=121

<p>Tuesday, April 19 1734 E 41st Street Los Angeles, CA 90058</p>	<p>Los Angeles Regional Foodbank Contact: amartinez@lafoodbank.org</p> <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM • 12:30 PM – 3:30 PM
<p>Wednesday, April 20 1734 E 41st Street Los Angeles, CA 90058</p>	<p>Los Angeles Regional Foodbank Contact: amartinez@lafoodbank.org</p> <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM • 12:30 PM – 3:30 PM • 3:30 PM – 6:30 PM
<p>Thursday, April 21 1734 E 41st Street Los Angeles, CA 90058</p>	<p>Los Angeles Regional Foodbank Contact: amartinez@lafoodbank.org</p> <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM • 12:30 PM – 3:30 PM
<p>Friday, April 22 1734 E 41st Street Los Angeles, CA 90058</p>	<p>Los Angeles Regional Foodbank Contact: amartinez@lafoodbank.org</p> <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM • 12:30 PM – 3:30 PM
<p>Saturday, April 23 NEW Location: 2825 E 54th Street Vernon, CA 90058</p>	<p>Los Angeles Regional Foodbank Leased Warehouse Contact: amartinez@lafoodbank.org</p> <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM • 12:30 PM – 3:30 PM
<p>Tuesday, April 26 1734 E 41st Street Los Angeles, CA 90058</p>	<p>Los Angeles Regional Foodbank Contact: amartinez@lafoodbank.org</p> <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM • 12:30 PM – 3:30 PM
<p>Wednesday, April 27 1734 E 41st Street Los Angeles, CA 90058</p>	<p>Los Angeles Regional Foodbank Contact: amartinez@lafoodbank.org</p> <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM • 12:30 PM – 3:30 PM • 3:30 PM – 6:30 PM
<p>Thursday, April 28 1734 E 41st Street Los Angeles, CA 90058</p>	<p>Los Angeles Regional Foodbank Contact: amartinez@lafoodbank.org</p> <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM • 12:30 PM – 3:30 PM
<p>Saturday, April 30 NEW Location: 2825 E 54th Street Vernon, CA 90058</p>	<p>Los Angeles Regional Foodbank Leased Warehouse Contact: amartinez@lafoodbank.org</p> <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM CLOSED • 12:30 PM – 3:30 PM CLOSED

Tuesday, May 3 1734 E 41 st Street Los Angeles, CA 90058	Los Angeles Regional Foodbank Contact: amartinez@lafoodbank.org <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM • 12:30 PM – 3:30 PM
Wednesday, May 4 1734 E 41 st Street Los Angeles, CA 90058	Los Angeles Regional Foodbank Contact: amartinez@lafoodbank.org <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM CLOSED • 12:30 PM – 3:30 PM
Thursday, May 5 1734 E 41 st Street Los Angeles, CA 90058	Los Angeles Regional Foodbank Contact: amartinez@lafoodbank.org <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM • 12:30 PM – 3:30 PM • 3:30 PM – 6:30 PM
Friday, May 6 1734 E 41 st Street Los Angeles, CA 90058	Los Angeles Regional Foodbank Contact: amartinez@lafoodbank.org <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM CLOSED • 12:30 PM – 3:30 PM
Saturday, May 7 NEW Location: 2825 E 54 th Street Vernon, CA 90058	Los Angeles Regional Foodbank Leased Warehouse Contact: amartinez@lafoodbank.org <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM CLOSED • 12:30 PM – 3:30 PM
Monday, May 9 1734 E 41 st Street Los Angeles, CA 90058	Los Angeles Regional Foodbank Contact: amartinez@lafoodbank.org <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM • 12:30 PM – 3:30 PM • 3:30 PM – 6:30 PM
Tuesday, May 10 1734 E 41 st Street Los Angeles, CA 90058	Los Angeles Regional Foodbank Contact: amartinez@lafoodbank.org <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM • 12:30 PM – 3:30 PM
Wednesday, May 11 1734 E 41 st Street Los Angeles, CA 90058	Los Angeles Regional Foodbank Contact: amartinez@lafoodbank.org <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM • 12:30 PM – 3:30 PM • 3:30 PM – 6:30 PM
Thursday, May 12 1734 E 41 st Street Los Angeles, CA 90058	Los Angeles Regional Foodbank Contact: amartinez@lafoodbank.org <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM • 12:30 PM – 3:30 PM • 3:30 PM – 6:30 PM

<p>Friday, May 13 1734 E 41st Street Los Angeles, CA 90058</p>	<p>Los Angeles Regional Foodbank Contact: amartinez@lafoodbank.org</p> <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM • 12:30 PM – 3:30 PM
<p>Saturday, May 14 NEW Location: 2825 E 54th Street Vernon, CA 90058</p> <p>Westside Food Bank 1710 22nd Street Santa Monica, CA 90404</p>	<p>Los Angeles Regional Foodbank Leased Warehouse Contact: amartinez@lafoodbank.org</p> <ul style="list-style-type: none"> • 9:00 AM – 12:00 PM • 12:30 PM – 3:30 PM <p>Westside Food Bank Contact: allison@westsidefoodbankca.org</p> <ul style="list-style-type: none"> • 4:00 PM - 7:00 PM