



2015



Los Angeles Regional Food Bank Annual Report

LOS ANGELES REGIONAL



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LETTER FROM THE BOARD CHAIRMAN AND PRESIDENT

Dear Neighbor,

With the vision that no one goes hungry in Los Angeles County, the Los Angeles Regional Food Bank has worked to mobilize resources in the community to alleviate hunger since 1973.

In 2015, we distributed \$65.8 million worth of food (the equivalent of 50 million meals) to people struggling with hunger through our network of over 600 partner agencies and more than 1,000 distribution and program sites. More than 300,000 children, adults and seniors receive food on a monthly basis.

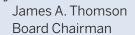
We are proud of these accomplishments, but we realize that we have more work ahead of us. Despite the improved economic conditions, Los Angeles County has more people experiencing food insecurity than any other county in the U.S. The Food Bank remains focused on acquiring and distributing the most nutritious food available to us while also linking people to resources such as the CalFresh Program.

We can only do this work with the support that we receive from the community. We are proud to report that 97 percent of total charitable contributions and other revenues go directly to programs.

For every dollar donated, we are able to provide four nutritious meals. We look forward to our continued partnership with you to fight hunger in Los Angeles County.

Best regards,







Michael Flood President/CEO

The Mission of the Los Angeles Regional Food Bank is to mobilize resources to fight hunger in our community.

To fulfill our mission, we source and acquire food and other products and distribute them to needy people through charitable agencies or directly through programs; conduct hunger education and awareness campaigns and advocate for public policies that alleviate hunger; and energize the community to get involved and support hunger relief.

Our Vision is that no one goes hungry in Los Angeles County.

LOS ANGELES REGIONAL FOOD BANK FACTS

provides 4 meals.



More than 600

agencies partner with the Food Bank to distribute food to hungry people in Los Angeles County.

183,000

total square-feet of the Food Bank's warehouses.



97 cents of every dollar

donated goes directly toward program services. 320,000+

individuals are served every month through Food Bank programs.





More than

people donated their time to the Food Bank in 2015 resulting in more than 172.000 volunteer hours.



62 Million

pounds of food was distributed by the Food Bank in 2015.



of food distributed by the Food Bank is fresh fruits and vegetables.

was the year the Food Bank was founded when Tony Collier, a cook in Pasadena, saw food going to waste and decided to give it to those in need. His simple act of kindness continues to give hope and has helped millions.



















Manufacturers + Retailers + Government + Distributors







HUNGER IN LOS ANGELES COUNTY

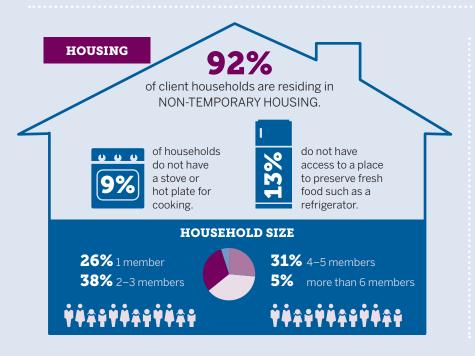


1 in 7 people

of the County's population is affected by hunger

1.4 million people

in Los Angeles County are experiencing food insecurity.

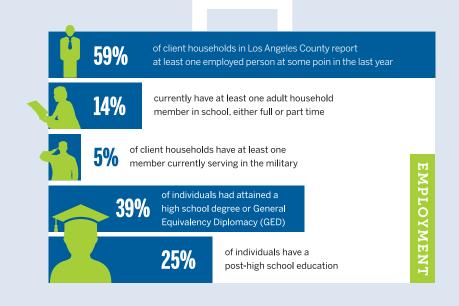


POVERTY

of client households residing in Los Angeles County fall at or below 100% of the Federal Poverty Level.



of client households have income of **\$10,000** or less per year.



AGE

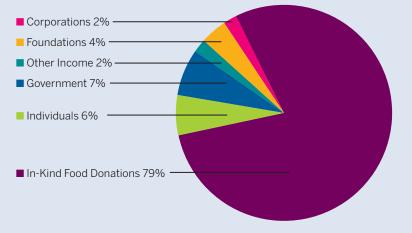
12% of clients served are seniors age 65 or older



24% of clients served are children under the age of 18

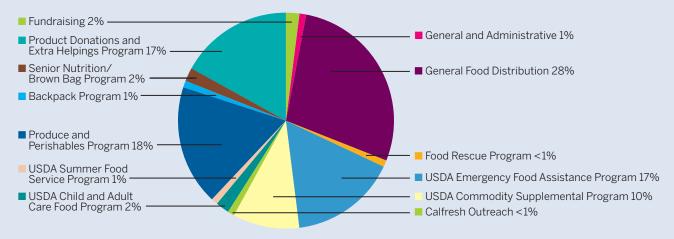


REVENUE: \$79,447,307



Los Angeles Regional Food Bank	
Total Revenue for Operations and Capital	\$ 79,447,307
Expenses Programs Fundraising General and Administrative	\$ 76,541,038 \$ 1,804,928 \$ 788,180
Total Expenses	\$ 79,134,146
Change in Net Assets	\$ 313,161
Net Asssets End of Year	\$ 14,922,748

EXPENSES: \$79,134,146



CLIENT STORY:

From Homelessness to Hope

Raekisha Wiggins is a single mother. She has been receiving food assistance and other support from Foothill Unity Center in Pasadena, one of our 625 partner agencies.

A few years ago, Raekisha had to stop working as a physical therapist to care for her daughter Cheyanne, who is now 10. "Cheyanne was diagnosed with autism but we didn't know that at the time," Raekisha explained. "She was unable to communicate. I would get calls from childcare so I would have to leave work or call in [sick] to work to take care of her."

Raekisha was told that Cheyanne would never be able to speak but she refused to give up. Determined to help her daughter, she sought therapy and even changed their diets to be more health conscious. "Now Cheyanne talks more than I do!" she laughs.



They've been on a rough road, including family tragedy and homelessness. "When we lost our home and address, we lost bussing to school for Cheyanne," Raekisha said. "I would have to walk her to school every day."

With the support they receive from Foothill Unity Center, life for Raekisha and Cheyanne has been getting much better.

"Oh my gosh. I don't think 'thank you' is enough here," Raekisha says, trying to hold back her tears.

"I have gratitude for people who do things like this for people who don't have. They've blessed us. I know it goes unnoticed a lot of times with people who do things like this. I try to be grateful for these every time I come. I always tell them I want to be one of the people one day who comes here and donates instead of taking. I admire them and I would love to be one of them one day."

Raekisha says that Foothill Unity Center never gave up on her because she refused to give up on herself. Because of the generosity of our donors and volunteers, families like Raekisha's get a chance to start over.

"Just keep doing what you're doing," she says, "because you're doing more than you think you're doing. You're providing hope for people."

People like Raekisha and her daughter are at the heart of the Food Bank mission. It is an honor to serve resilient people throughout Los Angeles County with similar—and yet beautifully unique—stories.



VOLUNTEER STORY:

Brian McCabe

Our mission is to mobilize resources to fight hunger in our community. One of our most valuable resources at the Food Bank is our army of volunteers, who freely share their time, energy and compassion.

Brian McCabe has been volunteering at the Food Bank every Saturday for three years, mostly supporting programs for children and seniors. He says that his goal is to inspire others to get involved. "I'm not special or anything," he says. "So if I can do it, anyone can do it."

He has become so efficient in his duties that he is now responsible for training other volunteers.

"I think what a lot of people don't realize," Brian explains, "is that we aren't just sorting food for the homeless. A lot of the people who need help are people who just lost their job, who need a little help getting back on their feet. People living check to check, as I have done myself."

Through his quiet dedication, Brian epitomizes the true spirit of volunteerism.

Brian is truly a Hunger Hero.

PROGRAMS

Partner Agency Network

The Food Bank serves more than 600 agencies, which in turn serve people seeking food assistance in their community. Many agencies operate more than one location and there are over 1,000 distribution sites throughout Los Angeles County. The majority of agencies are food pantries that distribute groceries to families and individuals. More than half of them provide other services to clients in addition to food assistance.

Fresh Produce Programs

Eleven years ago, the Food Bank set a goal to increase the amount of fresh fruit and vegetables acquired and distributed. In 2015, more than half of our top 50 food donors were produce donors. We distributed 12 million pounds of fresh produce to our agency network and through Food Bank programs. Acquiring, handling and distributing fresh produce adds complexity to our work and the Food Bank has developed a number of programs, including Agency Drive Thru and Rapid Food Distribution, in order to distribute fresh produce quickly.

Mobile Food Pantry

Launched in 2012, the Mobile Food Pantry has become an important resource for the community. The Mobile Food Pantry serves low-income families in underserved areas throughout Los Angeles County. We have 13 Mobile Food Pantry distribution sites, which serve a monthly average of 8,000 unduplicated clients. A refrigerated truck delivers a combination of produce and perishable goods sourced from the United States Department of Agriculture (USDA) and donated foods.



Extra Helpings

The Extra Helpings Program routes perishable and other donated food from grocery stores and other local sources directly to Food Bank partner agencies. Through this program, more than 10 million pounds of food was picked up by agencies and distributed to people in need in 2015.

Emergency Food Assistance Program

This program provides agencies with food from the USDA. Food pantries provide bags of food to families who qualify based on USDA income guidelines, and soup kitchens provide hot meals.

Children's Nutrition Programs

Children learn better when they receive proper nutrition. At more than 42 sites, over 2,600 children receive healthy meals after school. During summer months, the Food Bank expands the program to provide nutritious lunches to more than 6,000 children at more than 100 sites.

Our BackPack program ensures children do not go hungry on the days they are not in school. Every Friday during the school year, children receive a bag of fresh produce and enough food for six meals. The Food Bank also operates school-based distributions of fresh produce and other foods.

Senior Nutrition Programs

The number of hungry seniors is continually increasing. Faced with the need to choose between paying for rent, medicine or food, seniors often skip meals. Our programs provide food kits through the USDA Commodity Supplemental Food Program to more than 23,000 seniors monthly. An additional 1,000 low-income seniors receive bags of produce and groceries through our Brown Bag Program weekly.

CalFresh Outreach

The Food Bank's CalFresh Outreach Team helps individuals and families determine their eligibility, and assists them with the CalFresh application process. The Outreach team travels to Food Bank agency sites and other locations to identify people eligible for this program.

Nutrition Education

The Food Bank educates children, their families and seniors who participate in our programs about the importance of healthy nutrition and lifestyle choices. We also utilize a food grading system that helps direct our efforts toward the most nutritious foods available.



DONOR STORY:

Empty Bowls

Generosity and community service have no age limit. Mary Beth Carosello, an art teacher at Warner Elementary School in Los Angeles, inspired her fifth grade class to participate in the Empty Bowls project—a grassroots movement that uses art to alleviate hunger.

"I wanted to do something to show the kids that art can make a difference," she explained.

The students thoroughly enjoyed the messy project of designing, creating and decorating bowls and were able to raise almost \$900 for the Food Bank. They had planned to sell their bowls at a school function, but when they took the bowls home, their parents fell in love with the art and bought every single bowl!

Mary Beth believes it is important to include lessons about community service in her art class. "Working in art education, I've had a lot of students and I know that some of them have come from food insecure households," she explains. "How are they supposed to learn? How are they supposed to focus if they're thinking about where their next meal is coming from?"

Mary Beth is a real inspiration, instilling the spirit of giving in her students.

No contribution is too small. Together we can make a difference for those struggling in Los Angeles.



LOS ANGELES REGIONAL



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