

LOS ANGELES REGIONAL



Fighting Hunger. Giving Hope.



2024 Philanthropic Impact Report

The vision of the Los Angeles Regional Food Bank is that no one goes hungry. Since our founding in 1973, we have distributed 2 billion pounds of food and other grocery products to individuals and families in Los Angeles County.

**Thank you for partnering with the Food Bank to create
a hunger-free community.**

Fighting Food Insecurity in 2024

Thanks to your generous support, in 2024, the Los Angeles Regional Food Bank provided **130 million pounds of food and grocery products to children, seniors, adults, and families across Los Angeles County**. This support enabled us to deliver enough nutritious food for approximately 105 million meals—an impressive 12% increase from 2023—greatly improving the lives of our community’s most vulnerable members. In the fourth quarter, food distribution surged by 20%, a result of onboarding 122 new partner agencies and establishing 193 new food distribution sites, primarily in the South Bay.



With your help, the Food Bank achieved these remarkable outcomes last year:

General Food Distribution

We increased access to nutritious food in underserved communities by supplying food and grocery products to our network of more than 600 partner agencies. Our partners include food pantries, soup kitchens, senior centers, youth centers, homeless shelters, faith-based organizations and community colleges. In addition to food, we distributed essential items, such as diapers and hygiene products, helping participants meet their basic needs. For example, 1.5 million diapers were distributed to 28,200 households through our agency network.

Mobile Food Pantry

We conducted Mobile Food Pantry distributions across Los Angeles County, including Drive-Through Food Distributions. The Mobile Food Pantry Program conducted 272 distributions at 35 sites, distributing over 2.7 million pounds of nutritious food and over 1.5 million pounds of produce to 516,687 people.

Extra Helpings Program

The Extra Helpings Program rescued millions of pounds of food that would otherwise go to waste and distributed it to neighbors experiencing nutrition insecurity. Extra Helpings connected 215 partner agencies to donated food from 558 local donors, such as grocery stores, restaurants, and bakeries. Agencies rescued 29.4 million pounds of food for distribution to neighbors experiencing nutrition insecurity, the equivalent of 24.5 million meals.

CalFresh Outreach Program

The CalFresh Outreach Program helped 1,509 working low-income families access nutritious food through the California Department of Social Services CalFresh Program. We assisted neighbors in submitting 2,109 CalFresh applications following 4,316 pre-screening interviews.

Nutrition Services Department

The Nutrition Services Department promoted healthy eating and lifestyle choices through engaging classes, activities and outreach. We conducted 91 in-person nutrition education classes with 1,211 individual neighbor participants. In-person programming also included 57 food and drink demos with 5,270 neighbors. We distributed nutrition education and CalFresh promotional materials to 26,370 individuals.

Our Food Rx Pilot graduated 96 eligible participating neighbors from the 12-week nutrition education program for adults who have a diagnosis of Type 2 Diabetes Mellitus, hypertension, or both. We also maintain a catalog of 63 recipe videos in English and Spanish, showcasing simple and healthy ingredients provided through our distributions. The videos are available on the Food Bank’s YouTube channel.



Children's Nutrition Programs



Program Snapshot: In 2024, the Food Bank provided healthy breakfasts, after-school meals, lunches, grocery kits and fresh produce to **5,836 children** on a daily, weekly or monthly basis at **56 unique sites** throughout Los Angeles County.

- The **Afterschool Meal, Summer Lunch** and **Breakfast Programs** distributed 63,205 prepared meals to children, including healthy breakfasts, lunches and after-school meals.
- The **Children's Breakfast Program** distributed kits containing 128,351 pounds of healthy breakfast foods such as oatmeal, pancake mix and dried fruit.
- The **BackPack Program** provided grocery kits containing 817,713 pounds of nutritious food to children at high-need schools in the Los Angeles and Compton Unified School Districts. The Food Bank adopted Home Delivery for the children participating in the Backpack Program whose families face mobility and transportation barriers. In 2024, Backpack Home Delivery served 1,242 children per month at ten sites.

Did you know: LA County is home to more children experiencing nutrition insecurity than any other county in the U.S.?



Client Voices

Thomas J. Lynch is the Principal at Friends of St. Lawrence, a trusted partner of the Food Bank that has been serving the Watts community for over 20 years. The center is dedicated to bolstering the welfare and education of students and their families, including providing essential food and nutrition assistance.

Thomas shared, **"At St. Lawrence, 80% of students benefit from the food we receive from the Food Bank. In order for our kids to achieve success, we have to offer these programs. We're blessed to have this partnership with the Los Angeles Regional Food Bank. In urban Los Angeles, it's tough to live paycheck-to-paycheck, and many of us do. This food program is vital not just for the kids but to the families in our community."**

Hear more from Thomas by scanning the QR code.



Senior Nutrition Programs

Program Snapshot: In 2024, the Food Bank's Senior Nutrition Programs and Commodity Supplemental Food Program (CSFP) distributed **9.4 million pounds** of nutritious food to **more than 52,000 low-income seniors**.

- Delivered groceries directly to the homes of seniors, with help from delivery partners and our vehicles and drivers.
- Provided food to 117 senior-focused partner agencies, including senior centers and senior housing sites.

Did you know: The LA Regional Food Bank operates one of the largest senior food assistance programs in the U.S., helping older neighbors live longer, happier and healthier lives.



Client Voices

Chong is a senior who attends the food distribution at Immanuel Presbyterian Church, a proud Food Bank partner agency in Koreatown. She attends this distribution weekly to help feed herself and her family of four. Although she is retired, her husband is not due to the high living cost in our County.

“My husband, he’s supposed to be retired, but he continues to work. Because we live in Los Angeles, rent is so high that he cannot retire; he has to work to support the family. I’m retired, so I’m doing something for my family, and the Food Bank helps.”

Hear more from Chong by scanning the QR code.



Spotlight on Nutrition

Across our programs, the Food Bank prioritizes providing nutritious food to our participants, including whole grains, fresh fruits and vegetables, dairy and lean proteins. In 2024, more than 95% of the food we distributed was rated as nutritious according to the Healthy Eating Research (HER) Nutrition Guidelines for the Charitable Food System. This included over 38 million pounds of fresh produce distributed through our direct programs and partner agencies, providing families and individuals access to this critical source of nutrition.

The Food Bank's New Distribution Center in Action

The **Los Angeles Regional Food Bank** reached a major milestone in 2024 with the grand opening of its City of Industry Distribution Center on June 22. Thanks to donors, community partners, and hunger relief advocates, the state-of-the-art facility is fully operational, enhancing food distribution across Los Angeles County with expanded storage, volunteer facilities, and efficiency upgrades.

The Donald Goodman Family Foundation Volunteer Center and the S. Mark Taper Foundation Production Area are now open, providing dedicated space for volunteers to gather and sort donated food, reducing waste and increasing distribution. The Freeburg Foundation Conference Center is also complete, allowing more trainings and events for the Food Bank's partner agencies.

The facility features 40,000 square feet of cooler and freezer space, expanded pallet racking and production areas, a modernized loading dock with 20 dock positions, and energy-efficient LED lighting. Increased cold storage has boosted fresh produce distribution by 37%, improving nutrition security in our community. Future plans include solar panel installation, furthering the Food Bank's commitment to sustainability.



Your investment in the **Los Angeles Regional Food Bank** will provide the further support needed to enhance the operations of this state-of-the-art food distribution center and expand programs and services that inspire nutritious diets and healthier life choices.

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If you have questions about the building improvements and naming opportunities at the new facility or any other Food Bank programs and services, please contact:

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No One Goes Hungry in LA County

In 2024, food insecurity in Los Angeles County remained high, with 25% of households struggling to afford food, according to USC Dornsife. While this marks a 5% decline from 2023, the rate remains well above the national average of 14%, and nutrition insecurity was even higher at 29%. Low-income households continue to be hit hardest, with 41% experiencing food insecurity. Food insecurity can impact every area of a person's life, contributing to health problems and hindering performance at work and school. Increased consumption of nutritious foods such as fresh produce and lean proteins is associated with improved health outcomes. By providing high-quality, nutritious food items and culturally appropriate food and adult nutrition classes to those facing food insecurity, the Food Bank strengthens the overall health and well-being of underserved communities across Los Angeles County.



Through our direct programs and network of more than 600 partner agencies, the Food Bank currently serves nearly 900,000 people each month, up from an average of 300,000 per month pre-pandemic. Across our programs, the Food Bank is responding to an increased demand for food assistance. We are uniquely positioned to address hunger in Los Angeles County through our robust network of partners and program sites, critical infrastructure, and expertise gained from five decades of serving the community. Our work is highly efficient; more than 96% of all contributions go directly to programs. Since the onset of COVID-19, the Food Bank has acquired and distributed more than 646 million pounds of food and grocery products, the equivalent of 522 million meals valued at more than \$1.2 billion.

Although more than doubling our overall food distribution comes at a significant cost, the Food Bank, thanks to the support of our generous community, will continue to respond to the high rate of food insecurity by distributing millions of pounds of nutritious food every week. In addition to our ongoing efforts, we are actively responding to the LA Wildfires, ensuring that impacted individuals and families have access to essential food and resources. The Food Bank remains ready to respond the moment a disaster hits our community. On behalf of the children, seniors, individuals and families we serve throughout Los Angeles County, thank you for helping us create a hunger-free community.