LOS ANGELES REGIONAL



2016 ANNUAL REPORT

Fighting Hunger. Giving Hope.



MESSAGE FOR YOU

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LETTER FROM THE BOARD CHAIRMAN AND PRESIDENT

Dear Friends,

We thank you for your continued support that helped us distribute our one billionth meal since the Food Bank's founding in 1973. Last year alone, the Food Bank distributed 67 million pounds of food, valued at \$72.5 million, to people struggling with hunger in Los Angeles County. Through our 625 partner agencies and Food Bank programs, 300,000 children, adults and seniors were served on a monthly basis in 2016.

Although the impact of the Food Bank is enormous, we know that there is much more to do before there is no longer anyone in our community that goes hungry. Hunger is a critical need throughout Los Angeles County which has more people experiencing food insecurity than any other county in the United States. In addition to our core work of acquiring and distributing food, our focus on public policy and advocacy is a critical component to the Food Bank's work.

Our work and service to the community is made possible because of the generous support of our community. The Food Bank uses these resources efficiently and leverages more than 30,000 volunteers each year so that 97 percent of total charitable contributions and other revenues go directly to programs. This means that for every dollar donated, we are able to provide the equivalent of four nutritious meals to those in need.

We appreciate your support of our efforts to fight hunger in Los Angeles County. Best regards,



David Bishop **Board Chairman**



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Michael Flood President/CEO



LOS ANGELES REGIONAL The Mission of the Los Angeles Regional Food Bank is to mobilize resources to fight hunger in our community.

To fulfill our mission, we source and acquire food and other products and distribute them to needy people through charitable agencies or directly through programs; conduct hunger education and awareness campaigns and advocate for public policies that alleviate hunger; and energize the community to get Fighting Hunger. Giving Hope. involved and support hunger relief.

Our Vision is that **no one goes hungry** in Los Angeles County.

PROGRAMS

IN 2016, MORE THAN **300,000** PEOPLE WERE SERVED ON A MONTHLY BASIS THROUGH OUR PARTNER AGENCY NETWORK AND FOOD BANK PROGRAMS.



Partner Agency Network

The Food Bank partners with more than 625 agencies, which in turn serve people seeking food assistance in their communities. Many agencies operate more than one location and there are over 1,000 distribution sites throughout Los Angeles County. The majority of agencies are food pantries that distribute groceries to families and individuals. More than half of them provide other services to their clients in addition to food assistance.





Faces of the Food Bank

Jerry, Age 73 Partnership Agency Network



"I would probably be living in the streets if I didn't have a place like this to come to," says Jerry, 73. "My favorite part of coming here is meeting people, friendly people. I also receive groceries. They are very nice."

Jerry was a mechanic for more than 20 years but is now unable to work after having sustained serious head and spine injuries. "It was scary because I didn't know [anything] and I lost memory and sight and everything. But it's been coming back."

When he visits Cory's Kitchen, one of our partner agencies, Jerry receives a cart full of groceries, including fresh produce, meat, whole grains and dairy products.

Despite hardship, Jerry says he is optimistic and grateful. "In life we have to accept the good and the bad and make the best of it all. I just hope that I will walk again and that I will make friends."

"My heart goes out to the people here," he says. "The people here are friendly with me. I am happy that I am accepted here."

To read Jerry's full story, and other stories like this, go to lafoodbank.org/stories

PROGRAMS

Extra Helpings

The **Extra Helpings Program** routes perishable and donated food from grocery stores and local sources directly to Food Bank partner agencies. Through this program, more than 12 million pounds of food was picked up by agencies and distributed to people in need in 2016.



people in L.A. County struggles with hunger

Fresh Produce Programs

Eleven years ago, the Food Bank set a goal to increase the amount of fresh fruit and vegetables we acquired and distributed. In 2016, almost half of our top 50 food donors were produce donors. We distributed 12 million pounds of fresh produce to our agency network and through Food Bank programs. Acquiring, handling and distributing fresh produce adds complexity to our work. The Food Bank has developed a number of programs, including **Agency Drive Thru and Rapid Food Distribution**, in order to distribute fresh produce quickly.

Children's Nutrition Programs

Children learn better when they receive proper nutrition. At more than 42 sites, over 2,600 children receive healthy meals every day after school. In 2016, the Food Bank expanded the program during the summer months to provide nutritious lunches to an average of 3,500 children at 69 sites.

Our **BackPack Program** is designed to ensure that kids who rely on school meals don't go hungry over the weekend. Every Friday during the school year, children receive a bag of fresh produce and enough food for six meals. The Food Bank also operates school-based distributions of fresh produce and other foods.





PROGRAMS

Senior Nutrition Programs

The number of hungry seniors is continually increasing. Faced with the need to choose between paying for rent, medicine or food, seniors often skip meals. Our programs provide food kits through the **USDA Commodity Supplemental Food Program** to more than 23,000 seniors monthly. An additional 1,000 low-income seniors receive bags of produce and groceries through our **Brown Bag Program** on a weekly basis.

We currently distribute ENOUGH FOOD FOR 55 MILLION meals per year



Mobile Food Pantry

Launched in 2012, the **Mobile Food Pantry** has become an important resource for the community. It serves lowincome families and individuals in underserved areas throughout Los Angeles County. In 2016 we had 12 Mobile Food Pantry distribution sites, which served a monthly average of 7,000 people. Mobile Food Pantry distributions provided more than 1.7 million pounds of food, including more than 650,000 pounds of fresh produce.

Faces of the Food Bank

Patricia, Age 71 Commodity Supplemental Food Program



The Food Bank's Commodity Supplemental Food Program (CSFP) distributions serve approximately 26,000 seniors on a monthly basis. Qualifying seniors receive a 40-pound kit of food every month. This USDA program works to improve the health of low-income people over the age of 60 by supplementing their diets with nutrient-dense foods such as rice, beans, peanut butter and fruit.

Patricia, 71, has been a CSFP recipient at the Lincoln Heights Senior Center for several years. She has to spend more than half of her disability check on rent. "This program really helps me," she says. "I enjoy the products that I receive. Because of this assistance, Patricia says she is able to afford things like ground turkey and fresh produce from the store, which she likes to make with the pasta she receives each month. "I can make a lot of meals with what you give me and it lasts the whole month," she says. "It helps me have a better diet. Sometimes we even get yogurt and fresh vegetables."

Patricia says the program helps her save a lot of money, which she can spend on medicine, haircuts and books.

"I really benefit from the things you do," she said. "It makes me happy and it makes a lot of other people happy. It's like Christmas every month! Thank you for your service, your time and your commitment."

FINANCIALS

Revenue

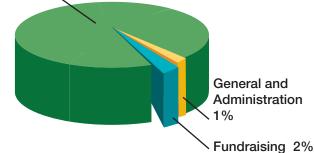
Total Revenue for Operations and Capital\$ 88,708,933

Expenses

Programs	\$ 84,690,299
Fundraising	\$ 2,045,891
General and Administration	\$ 797,847
Total Expenses	\$ 87,534,037
Change in Net Assets	\$ 1,174,896
Net Assets End of Year	\$16,097,644



Programs 97%





Donor Spotlight

Mary Simun, Donor and Mobile Food Pantry Volunteer

The work of the Food Bank would be impossible without our amazing donors and volunteers. Mary Simun is both of these. She has a core belief that no one should be without food. "In the wealthiest country on earth, there is absolutely no reason why anyone should go hungry," she says while preparing red skin potatoes for a Mobile Food Pantry distribution. "Especially children and especially with the amount of food we waste."

Mary is a fourth generation teacher. She's taught everything from second grade up to twelfth. "I became a teacher because I wanted to help people," she explained. "And I became interested in the topic of hunger when I saw that so many of my students were coming to class undernourished and unable to focus."

Mary became a financial supporter of the Food Bank because of her mother, who was also a donor before she passed away in 2014. "I'm still

heartbroken from that," Mary says. "But I try to stay positive and optimistic by doing kind things for others and by trying to see the good in everyone."

Mary thinks the Food Bank is special. "It's amazing to me just how efficient the Food Bank is with turning labor and donations into food," she says. "It is astounding that you're able to provide four meals for a dollar."

Mary volunteers for a variety of organizations, taking a special interest in the environment and social issues. She helps out with the Mobile Food Pantry distribution in Redondo Beach every first and third Thursday of the month. She helps the other volunteers set up tables, organizes product, trains new volunteers and then distributes the food to the 150-200 clients who come through the line. "We aren't just giving out food, though," she says. "We are making a human connection. Eye contact. We give compliments. We treat these people like people."

"I am optimistic because of all the people who volunteer, because of the Food Bank staff who are passionate about what they do and because the people we serve have such a positive attitude," she says. "How do you explain that? It's amazing to me how people with so little can still be so happy."

Donors like Mary make our work possible.

WAYS TO GIVE

We are only able to achieve our mission because of supporters like you. EVERYONE CAN DO SOMETHING TO HELP FIGHT HUNGER.

Donations

Donations can be made online at:

lafoodbank.org/donate

or send your check to:

Los Angeles Regional Food Bank 1734 East 41st Street Los Angeles, California 90058

Join our *Meal A Day* Monthly Giving Program

Through a monthly gift automatically deducted from your credit card, you can help alleviate hunger in L.A. County.

Every \$1 provides food for 4 meals for hungry children, families and seniors in our community. Your gift enables us to distribute more than 1 million pounds of food every week through a network of more than 625 partner agencies. Thank you for helping our struggling neighbors.

lafoodbank.org/monthly

Start a Virtual Food Drive

A Virtual Food Drive is a fast, easy and convenient way to put food on the table for hungry neighbors in our community. It saves you the hassle of a trip to the grocery store and lugging heavy cans. It also saves time and resources for the Food Bank since we can skip sorting and storage. It's a great way to inspire your family, friends and coworkers to join you in fighting hunger in L.A. County.

lafoodbank.org/virtualfooddrive

Join the Legacy Society

Planned giving involves providing for a future gift to the Food Bank through your financial and estate plans. Join the Legacy Society by letting us know of your future intentions and be listed with those who have already made this generous commitment.

lafoodbank.org/plannedgiving

or contact:

Roger Castle Chief Development Officer (323) 234-3030 ext. 134 rcastle@lafoodbank.org

Make a Contribution in Honor or in Memory of a Special Person

Honor the memory of a loved one or celebrate the accomplishments of a friend of family member by making a tribute gift.

Matching Gifts

Double your impact by having your gift matched by your company, if your employer has a Matching Gifts program.

Volunteer

On an annual basis, more than 30,000 volunteers give their time and energy to the Food Bank. This is the equivalent of 80 full-time employees. Become a Hunger Hero who helps make our work possible.

lafoodbank.org/volunteer

MORE THAN 30,000 VOLUNTEERS DONATE THEIR TIME



Donor Spotlight

Kevin Sharkey, Legacy Society



"Is there any more basic need than people having something to eat?" The thought of people not having access to healthy and nutritious food both now and in the future moves Kevin to support the Food Bank. He has made the decision to include the Food Bank in his estate plans to ensure this service to the community remains in place for future generations.

Donors like Kevin make our work possible.

